

## Safety Sandesh - What if they had 15 minutes?

Some fire incidents of last Month in Mumbai were :

- 1 Dead As Fire Breaks Out At 3-Storey Building In South Mumbai – 24 Jun
- Woman Dies Of Smoke Inhalation After Fire Breaks Out In Mumbai Building – 17 Jun
- At Least 90 People Evacuated From Mumbai Skyscraper On Fire– 13 Jun
- Massive Fire Breaks Out In Mumbai's Fort Area, 2 Firefighters Injured – 09 Jun
- Major Fire In South Mumbai's Scindia House Office Building Near Fort – 02 Jun
- Body Missing After Fire In Mumbai's Goregaon Found, Death Toll Rises To 5 – 30 May

Source – www.ndtv.com

Probably this is just the tip of an Iceberg that could make it to headlines... others go unnoticed. Have you forgotten the Kamala Mills incident of December 2017 which left at least 14 people died, 11 of them women, and 54 others were injured.....

Just imagine if you or your near and dear one was one of them.....isn't that thought itself fearful????

.....A situation any of us could find ourselves on any day and any place. Can be your Home, Office, Mall, Restaurant, etc.

Let's train ourselves to get into the habit of paying alert attention to a few things about our surrounding.....

**Know Your Exits....**there's a reason exit signs are lit up, and why it's the first thing they talk about when you get on an airplane. Wherever you are, you must take a moment to mentally note where the different exits are. Most of the people who died in the fire had backed themselves into an un-ventilated washroom with no exit, and they perished from suffocation. Please ..... **KNOW YOUR EXITS!!**

- Take a mental note of any fire extinguishers or water hoses placed. - **Be an observant person not an onlooker.**



Smoke rises, so keep low to the ground (even to the point of crawling on your belly) if there is smoke in the room. **99% of deaths from fire incidents come from suffocation of smoke, not from the actual fire.**

If you're opening a closed door trying to get out during a fire, lightly tap the handle first to see if it is hot. **The hotter a handle/door knob is, the more fire is likely to be on the other side.**

If you are trapped in a room with no exit the best thing you can do is stay low to the ground, breathe through a cloth over your mouth and nose, and make some kind of a signal to the outside (example...hanging a white curtain out of a window). **If there aren't windows that open...break them and try to signal for help.**

Let's make a mental note to just take a few minutes to be aware of our surroundings and stay safe!

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